

## Continuum of Care across life cycle and different levels of health system

	Reproductive & adolescent health care	Pregnancy care & childbirth	Newborn and child care
Family and community	<ol style="list-style-type: none"> <li>Weekly IFA supplementation</li> <li>Information and counselling on sexual reproductive health and family planning</li> <li>Community based promotion and delivery of contraceptives</li> <li>Menstrual hygiene</li> </ol>	<ol style="list-style-type: none"> <li>Counselling and preparation for newborn care, breast feeding, birth preparedness</li> <li>Demand generation for pregnancy care and institutional delivery (JSY, JSSK)</li> </ol>	<ol style="list-style-type: none"> <li>Home-based newborn care and prompt referral (HBNC scheme)</li> <li>Antibiotic for suspected case of newborn sepsis and referral</li> <li>Care for premature and low birth weight babies</li> <li>Infant and Young Child Feeding (IYCF), including exclusive breast feeding and complementary feeding</li> <li>Hand washing and hygiene practices</li> <li>Child health screening and early intervention services (0–18 years)</li> <li>Use of ORS and Zinc in case of diarrhoea, and anti biotic in pneumonia</li> <li>Early childhood development</li> </ol>
Outreach/subcenter	<ol style="list-style-type: none"> <li>Family planning (including IUCD insertion, OCP and condoms)</li> <li>Prevention and management of STIs</li> <li>Peri-conception folic acid supplementation</li> <li>Screening and tracking of malnutrition &amp; anaemia</li> </ol>	<ol style="list-style-type: none"> <li>Full antenatal care package (4 ANC, TT2/Booster/100 IFA &amp; anemia tracking/ monitoring of weight gained during pregnancy, supplementary nutrition, balanced protein energy nutrition counseling</li> <li>Screening for pre eclampsia</li> <li>Screening for HIV / PPTCT</li> <li>Antenatal Per- abdominal examination, assessment of foetal wellbeing</li> <li>Counselling for birth preparedness,</li> <li>Institutional delivery and breastfeeding, family planning</li> </ol>	<ol style="list-style-type: none"> <li>First level assessment and care for newborn and childhood illnesses and nutrition</li> <li>Immunization</li> <li>Micro-nutrient supplementation (Vit. A, IFA)</li> <li>Deworming</li> </ol>
Clinical	<ol style="list-style-type: none"> <li>Comprehensive abortion care</li> <li>RTI/STI case management</li> <li>Postpartum IUCD and sterilisation; interval IUCD procedures</li> <li>Adolescent friendly reproductive &amp; sexual health services</li> </ol>	<ol style="list-style-type: none"> <li>Skilled obstetric care including 5 cleans, partograph, AMTSL and immediate newborn care (Asphyxia, suction/ resuscitation, cord care Temperature management, early initiation of breast feeding</li> <li>Emergency obstetric care (corticosteroids for threatened premature labour; antibiotics for PROM, Mg Sulfate for pre-eclampsia, PPH management)</li> <li>Preventing Parent to Child Transmission (PPTCT) of HIV</li> <li>Postpartum sterilisation</li> </ol>	<ol style="list-style-type: none"> <li>Essential newborn care including thermal care, cord care, expressed breastfeeding for premature and low birth weight babies</li> <li>Full supportive care of sick newborn (SNCU, NBSU): management of neonatal sepsis, premature and low birth weight babies</li> <li>Facility-based care of childhood illnesses (IMNCI), including diarrhoea (ORS-Zinc) and pneumonia management</li> <li>Immunization</li> <li>Micronutrient supplementation (Vit. A, iron folic acid)</li> <li>Care of children with severe acute malnutrition (at Nutrition Rehabilitation Centres)</li> </ol>
<b>Intersectoral:</b> Water, sanitation, hygiene, nutrition, education, empowerment			

